

THIS HANDBOOK IS YOUR GUIDE TO A GOOD STUDENT LIFE



This handbook is for you and all your fellow students at Aarhus University. You can look forward to a wild, funny, and challenging study time – a time few forget.

We've been working hard for months to ensure that with the Student Handbook, you're prepared for your new role as a student. It's packed with input from other students, guides to the coolest Friday bars, awesome events, and volunteer associations. All of this to lend you a helping hand as a newcomer at AU.

In the book, you'll find articles written by both the Students' Council and volunteer writers from Delfinen – the students' magazine at AU. It's been a true pleasure to create this little welcome for you!

Happy reading!

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NO UNIVERSITY WITHOUT INTERNATIONAL STUDENTS

As a part of the Students' Council the **International Committee (IC)** fights for your rights as an international student here at Aarhus University. We have regular meetings where we discuss student political topics, do campaigns and much more. We fight for equal access to education, independent of one's background.

Everyone is welcome at our meetings - join us and let your voice be heard!

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WELCOME FROM THE STUDENTS' COUNCIL'S EXECUTIVE COMMITTEE



DEAR FELLOW STUDENTS

Welcome to Aarhus University, and welcome to a new and exciting community. We hope that you're ready to become part of an inspiring environment where only your thirst for knowledge sets the boundaries.

Life as a student has many challenges and can sometimes seem overwhelming. This applies to both new and returning students. That is, among other things, one of the reasons why the Student Council publishes a Student Handbook every year, which is our humble attempt to guide you and your new fellow students during your life of being a student in **Denmark's Best Study Hub** (for the third year in a row!).

We fight for your rights as a student on many fronts, including in study boards, academic councils, and local subject councils, all on a voluntary basis. This year, we have actively participated in the fight against the Master Reform and will continue to work to ensure the best opportunities and quality for your education.

Our doors are always open, and we are happy to offer a cup of coffee so that we can hear how your study time can be improved and incorporate it into our work. You're also very welcome to become a part of us – the Student Council is, after all, for and

by the students.

In addition, we are also behind events such as Denmark's Biggest Friday Bar and Sports-Day, the Study Fair, and we publish the study magazine Delfinen.

The Student Council is the voice of the students at the university – and now it's your voice too. We fight every day for AU to provide the best framework for us as students, so that ideas can flourish, and all students can unfold. Because there is no university without the students!

We look forward to fighting for you – welcome to Aarhus University.

THE EXECUTIVE COMMITTEE CONSISTS OF:

Jeanette Kusk - President
Anders Mengers Andersen - Vice President
Astrid Mark Nielsen - Ordinary member
Mathilde Vadsager Andresen - Ordinary member
Mikkel Grøne - Ordinary member
Oliver Mølgaard Gertsen - Ordinary member
Stine Munkholm Jespersen - Ordinary member

A portrait of Brian Bech Nielsen, a middle-aged man with short grey hair and glasses, wearing a dark suit jacket over a light blue button-down shirt. He is smiling slightly and looking towards the camera. The background is a solid orange color with a white line-art graphic of a building's facade, including a grid of windows and a triangular roofline, positioned behind him.

PRINCIPAL BRIAN BECH NIELSEN

DEAR STUDENTS

There is an old saying at this place:
'At AU, it's spring in September.'

Rumours have it that it originated from the History department, but nobody truly knows where and when it started.

We do, however, know why it must have emerged. Why you can easily get the feeling that while the rest of the country is slowly bidding farewell to summer, we here at AU can enjoy an extra spring.

Above all, it's the sight of all our students starting to occupy the campuses in Aarhus, Herning, and Emdrup. Especially those of you who have just embarked on your first year – and who may feel the joy and anticipation particularly strongly.

And rest assured – we are very well-prepared to welcome you. Your tutors have been working for months to help you settle into student life. And your instructors are excited to share their knowledge and enthusiasm for the subjects you have chosen to study.

The start of your studies can be hectic times with many impressions. Occasionally, it may even become a bit overwhelming. But I hope that you will give yourselves plenty of time to adjust – and remind each other that a university education is not about being busy. It's about broadening your horizons. Diving deep into your chosen field. Testing yourself in new contexts.

This applies both academically and socially. Aarhus University is much more than just a place to attend classes. We are a vibrant university where, especially thanks to the many dedicated students, a wide range of associations ensures there is something for everyone – whether you're into football and fishing or politics and podcasting.

Welcome to spring at Aarhus University – I hope you have a fantastic start to your studies.

A portrait of Mayor Jacob Bundsgaard, a man with a beard and short hair, wearing a dark suit jacket over a light-colored button-down shirt. He is standing against a solid orange background.

MAYOR OF AARHUS JACOB BUNDSGAARD

WELCOME TO AARHUS!

Yet again this year 12.000 young individuals are embarking on a new educational journey in Aarhus. And you are one of them. It brings me great pleasure to witness you taking over the city and making it your own. Aarhus has many qualities, with its proximity to water and forests. You'll find everything withing walking or biking distance, whether you prefer vibrant city life with cafes, bars, restaurants, concert venues, and museums, or if you're more inclined to enjoy beautiful nature by the beach or in the woods. Aarhus is known as the "City of Smiles." It's informal, laid-back, young, optimistic, ambitious, and buzzing with life. And there's plenty of room to grow and thrive.

This year, Aarhus proudly holds the title of Denmark's best educational city for the third consecutive year! We are proud and humbled by this distinction. In collaboration with the educational institutions, we strive to develop Aarhus as a leading educational city, ensuring that it remains the preferred choice for Danish and in-

ternational students for years to come. So please don't hesitate to speak up if there's anything that can be improved. And remember, you are now a part of Aarhus, the educational city, and you play a significant role in making it even better. Engage in the community, extend invitations to others, and be mindful of those around you who may need a helping hand or a kind word to join in. Aarhus is – and should be – a city that embraces all, and together, we create the grand and unforgettable moments that will shape us for the rest of our lives.

I wish you and your fellow students an absolutely fantastic start to your studies. Enjoy the upcoming time! I'm confident that you will cherish your years of study in Aarhus for a lifetime.

Kind regards
Jacob Bundsgaard
Mayor of Aarhus

A portrait of Mayor Dorte West, a woman with short brown hair and glasses, smiling. She is wearing a dark green blazer over a white top and a gold necklace. A small rainbow-colored pin is on her lapel. The background is a solid orange color.

MAYOR OF HERNING DORTE WEST

WELCOME TO HERNING!

Dear new students at AU Herning, I would like to warmly welcome you to Herning. We are truly delighted that you have chosen to study in the municipality of Herning, and I hope your time as a student here will be absolutely fantastic.

We are excited to introduce you to an educational city closely connected to local businesses and real-world industries. Here, you'll find a strong sense of community among fellow students, and instructors who emphasize both with proximity and academic immersion, enabling you to develop both professionally and personally throughout your studies. All of this contributes to preparing you for a bright future and providing you with experiences that you can utilize for many years to come.

Every year, around 2,000 new students embark on a new educational journey here in Herning. Some come from the local area, while others are newcomers to the municipality. Regardless

of how well you already know Herning, it's important to us that you have a smooth start. To assist with that, we have created a website for all students in the city, which I hope you will visit. At **uddannelsesbyherning.dk**, you will find all the relevant information for you as a student in Herning, along with many great offers and inspiration for life as a student in our area.

In Herning, we believe in the power of a strong community, and we hope that you will participate in this community both during your studies and in your free time. There are numerous wonderful experiences awaiting you in societies, sports clubs, cultural events, and city life.

All that remains to be said is – welcome! Have a fantastic start to your studies!

Kind regards
Dorte West
Mayor of Herning

MEET THE STUDENTS



IF YOU'RE CURIOUS ABOUT STUDENT LIFE IN YOUR SPECIFIC FACULTY, THEN READ ON IN THE FOLLOWING PAGES!

HERE, YOU CAN MEET 5 STUDENTS WHO SHARE THEIR EXPERIENCES AND THOUGHTS ABOUT STUDENT LIFE. :-)

NAT



Laura Hansen

Biology
2nd semester

Why did you choose to study Biology?

It all started as a childhood dream of being an animal keeper. My parents were nature enthusiasts and always took me out to show me things in nature. I had a great childlike curiosity, and I wanted to understand why things are connected and how different phenomena occur. That curiosity has only grown with age, so I thought it would be great to study biology. In the future, I want to work in nature communication.

What does a typical day look like in your studies?

In the first semester, we spent a lot of time in the laboratory, studying plants and zoology. We had to dissect both plants and animals to understand how they function. In the second semester, it's much more theoretical, and it's mostly chemistry we're dealing with – not the most exciting part, ha ha. But yes, we have lectures, laboratory exercises, and theoretical exercises, maybe six hours a day. After those, I either go home and study, sit in the biology house, or go down for a swim.

What's the best thing about studying Biology?

The social aspect. I'm from Zealand myself and didn't know anyone here in Aarhus when I moved. But when we started, there were lots of people who reached out and took care of you, saying, "We'll make sure you at least have a good social life here." We also have a close relationship with our lecturers because we see each other often during laboratory exercises.

What's a piece of advice you wish you had received when you started?

Say yes a bit more, because what's the worst that can happen? There were many social events when we started, and we wanted to go... But we were also very stressed and tired. Even if you're tired, I think you should still go, just because it means so much in the long run that you were there. It leads to more good things and experiences.



BSS



Christian Lund
General Business Studies
4th semester

Why did you choose to study General Business Studies?

Besides always being interested in sales, I felt it was the natural path to take after completing HHX (Higher Commercial Examination). I'm good at talking, and I enjoy meeting people, so I've never really doubted that this was what I wanted to do.

What does a typical day look like in your studies?

I have about four hours of lectures per day. During lectures, I mostly just sit and listen; I don't take many notes. To be honest, I don't get much out of them, but it's nice to have the information presented during a lecture, and then I study it on my own when preparing for exams. After that, I spend a couple of hours working on assignments here before heading home.

What's the best thing about studying General Business Studies?

It's all the new acquaintances I've made through being in the party committee and a tutor for new students. Now that I'm involved, I feel like we have an incredibly strong community here at BSS (School of Business and Social Sciences), but I think it can be a bit challenging to get into if you're on the outside, especially because it's so huge.

What's a piece of advice you wish you had received when you started?

Don't start. Just kidding. But sometimes, it's tough to get through these study periods. It ages you. But I would advise myself to spend as much time with the other people here as possible, as I think that's how you best get through the education. And get involved in the party committee.



HEALTH



Lukas Hinz
Medicine
5th semester

Why did you choose to study Medicine?

I find the human body quite fascinating, and I like helping other people. So, it was a natural fit for me.

What does a typical day look like in your studies?

I don't always attend lectures – it depends on the instructor, and so on. I meet up with my study group to work on assignments, and then we go to group sessions where we can get help and answers for different things.

What's the best thing about studying Medicine?

The social community, I think. It's not specific groups here, but just the people I meet in general; everyone is really nice and helpful to each other. Studying here isn't as tough as I feared, mostly during exam periods when I have a lot to catch up on.

What's a piece of advice you wish you had received when you started?

You don't need to focus too much on the details. In our bachelor's program, we don't emphasize the actual treatment of patients – where the details are, of course, extremely important – so if you can't recall the name of a certain molecule inside a cell, it's more crucial to understand the overall processes.



ARTS



Maria Ege Thistrup Jensen

Spanish
2nd semester

Why did you choose to study Spanish?

Even though I'm still not sure what I want to use it for, since high school I've been certain I wanted to study a language. I've always had a bit of a fondness for Spain; my parents are currently living there, and I've also lived there myself. Moreover, many people around the world speak it, so it also opens up many opportunities for the future.

What does a typical day look like in your studies?

After classes, I usually stay at the university to continue studying because I don't concentrate well at home with all my roommates around. Later, I usually go out to get some exercise, play soccer or work out, and then I usually spend the evening studying again, unless I go out for a beer with friends. But that mostly happens on weekends.

What's the best thing about studying Spanish?

What I love most about it is how social it is. We meet up before and after classes, on weekends, during breaks. All the time. There are also some people in the program who have partners who speak Spanish, and it's great to have the opportunity to talk to them – if you dare to open up and try.

What's a piece of advice you wish you had received when you started?

If it's before I chose the program, I would say to follow your heart and not think too much about what it will be used for. Otherwise, just relax about it, it will work out.



TECH



Michelle Smed

Food Technology
2nd semester

Why did you choose to study Food Technology?

I had a technical subject back when I was in HTX (Technical High School) that I found really fascinating. We learned a lot about the chemistry behind food, but also things like medicine and bioplastics, for example. I really enjoy cooking, but I also like calculations and those sorts of things, so I thought it was a pretty cool combination.

What does a typical day look like in your studies?

We might have around four hours of lectures every day, and then I spend about two hours studying for the next day or doing group work with my study group. When I'm done, I might go out climbing or go for a run in Riiskov. Now that the weather is good, I spend a lot of time at the beach. On weekends, I usually work at a surf shop in Herning or Hvide Sande. I don't really feel like I'm super busy, but maybe that's just because I enjoy my routine so much.

What's the best thing about Food Technology?

The structure of the program is really well-designed, with a concluding project worth 10 ECTS points each semester. Unlike the more theoretical courses, these

projects are very "hands-on," where we have to create something ourselves. Last semester, for example, we made yogurt; it was time-consuming, but also incredibly exciting.

What's a piece of advice you wish you had received when you started?

Don't be too hard on yourself. When I started the program, I thought university was this huge thing where you had to study so much and be so smart. But I think they are really good at guiding you through, and they break it all down into manageable chunks. And if you've gone to a high school where you had a decent handle on things, it's not that difficult.



WHAT IS THE STUDENTS' COUNCIL?

NO UNIVERSITY WITHOUT THE STUDENTS

The Students' Council is a political body that functions as the voice of the students, both internally at Aarhus University and in the broader public debate. The Students' Council is represented at all levels of the university, which means it has representatives in various study boards, academic councils, local subject councils, the university board, and the Danish Students' Common Council.

However, the Students' Council is more than just politics and board meetings. We also back events such as Denmark's Biggest Friday Bar and Sports Day, the Study Fair, and AU RUN. We also offer free legal assistance, various courses, and every summer we create a student handbook for new students.

**The Students' Council fights for the students,
with the students!**

More than just politics

We do everything we can to create the best study environment across AU – on all campuses.

We advocate for the green agenda, well-being, and for all students to have a safe, educational, and developmental study period at AU.

Our trophies: increased anonymization, a student hub, elimination of progress mechanisms, more student representation in various boards and councils, removal of maximum study duration, DSFI, AU RUN



FREE LEGAL AID

The Legal Aid service consists of 22 dedicated law students, all sharing a passion for helping you navigate through the complex world of legal paragraphs.

What can they assist you with?

The Student Council's Legal Aid provides guidance within various areas of law. This means that you can receive help if, for example, you need someone to review a rental contract, if you haven't been paid your wages at work, if you've purchased a faulty computer, if you need to file a complaint regarding your student grants (SU) or a rejection of an application for an extra exam attempts.

You can call us, send us an email, or visit our office without an appointment. Legal Aid is non-binding and completely free of charge. The legal advisors have a duty of confidentiality, ensuring that all information is treated confidentially.

No case is too small; so feel free to send us an email or give us a call, you can also simply drop by if you have any legal questions. More information is available on our website **srretshjaelp.dk** – where you will also find our opening hours.

HELP LINE

Chat og phone support for students by students

Life as a student isn't always easy. Many experiences performance anxiety when it comes to choosing their studies and structuring their daily lives, especially when exams and deadlines loom. Additionally, many students face personal and social challenges that come with living in a new city, such as adjusting to a large number of people, dealing with loss and longing for relations, financial or family obligations, and much more. To provide the best possible support for students in Aarhus throughout their studies, the Student Helpline offers **anonymous and confidential assistance through chat and phone every Monday, Wednesday, and Thursday from 7:00 PM to 10:00 PM.**

The helpline is staffed by volunteer students at Aarhus University who are well-equipped to talk to you about whatever is on your mind. Additionally, these volunteers are knowledgeable about various resources and can guide fellow students to further help and advice about other offers for different challenges students may encounter.

Our philosophy is that nothing is too small, too big, too embarrassing, or too unusual, and no matter what, you don't have to face it alone. Furthermore, all inquiries are confidential and anonymous, so you can feel as safe as possible reaching out. You can find more information about the Student Helpline at www.studenterlinjen.dk. Additionally, you can follow us on Facebook and Instagram to stay updated on the latest news, receive helpful advice, and much more.





Volunteer Galla

At the Students' Council we love volunteers. That's why we're inviting all the dedicated volunteers at Aarhus University to a galat full of joy: something good for the palate, speakers, and, of course, the selection and celebration of the volunteers of the year!

Why a volunteer gala? Because at the Students' Council we know how much dedication volunteers put in, and that's why we would like to create an entire night to celebrating and spoiling you, the people who do so much for the rest of us.

The volunteer gala is in other words a night in company with other dedicated volunteers, who makes a difference for themselves and their fellow students through voluntary initiatives and events.

Do you know an awesome volunteer - maybe even yourself? Then pat that person, or yourself, on the back and come along to this year's volunteer gala on 8th November 2023!

Find the event on out Facebook site - Studenterrådet ved Aarhus Universitet



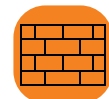
5 FUN FACTS ABOUT AU // DID YOU KNOW...



There's a common bar for all the students with an enormous range of drinks. It's called Studentbaren - right now they serve 160 different kinds of beer!



At AU you can find around 40 different Friday bars. Many of them are placed in Nobelparken and in the University Park, but also Barbaren/Arken at Moesgaard Museum (Anthropology/Archaeology) or Klubben at Fuglsangs Allé (BSS) is worth a visit.



AU is known for its yellow bricks - in fact, the university consists of a whopping 20 million yellow bricks.



On the 18th floor of the Royal Library's booktower, there's a small museum about the library's history. There are often public tours at the library in June, and here there is an opportunity to experience the top floor.



Several famous Danish people have studied at AU. For example Queen Margrethe, Crown Prince Frederik, Steffen Brandt, Ulf Pilgaard, Lise Rønne, Nicolai Wammen, and Dan Jørgensen.

Written by: Thøger Lautrup Knøss



TRAIN HARD - STUDY HARD!

Are you passionate about sports and interested in having plenty of exciting sports experiences and making new friends? Then one of our 18 clubs is definitely the right fit for you!

Aarhus University-Sports (AUS) is an umbrella organization under Aarhus University with 18 independent sports clubs. Offering everything from soccer, handball, and swimming to the classic Japanese martial art, Kenikan, means we provide a wide range of sports activities for students in Aarhus.

AUS is a student-driven organization working to ensure affordable and great opportunities for engaging in sports, thereby connecting students across different fields of study. We make it attractive for students to become members of a sports club – something that can often be expensive on a student budget!

Not only do we offer sports and community activities at affordable rates, but

we also organize ongoing events and activities that contribute to a vibrant and active study environment. Every year in September, in collaboration with the Students' Council, we host Denmark's Biggest Friday Bar and Sports-Day – a one-day festival featuring music, festivities, and of course, plenty of fun sports tournaments! Additionally, we arrange a yearly surfing trip, with destinations ranging from Taghazout in Morocco to Klitmøller on the West Coast.

Do you want to break a sweat, have fantastic sports experiences, and make friends for life? Don't hesitate to visit our website www.aus.dk, where you can read much more about our 18 clubs!

THE STUDY FAIR

28TH - 30TH AUGUST 2023

The Students' Council organizes the traditional Study Fair at Aarhus University. Here, the Students' Council welcomes the new students to both the university and life in Aarhus. The Study Fair offers the students a 3-day fair where there will be ample opportunity to meet everything from dentists and banks to labor unions and various cultural offerings. In addition, the students also have the opportunity to get acquainted with a selection of AU's student associations as well as a wide range of Aarhus-based volunteer organizations.

FREE BEER AND SODA

The Student Council provides a free refreshment at the bar

At the fair, there is always a chance to win cool prizes from the city's bars, eateries, and leisure activities

COMPETITIONS

FREE STUFF

Stores and businesses are giving out free items

THE KITCHEN

The Kitchen, Aarhus University's largest entrepreneurial community for students and researchers looking to create a business.

The Kitchen assists whether you have a small idea for a podcast or another project, if you already have a business concept in the works or perhaps have even started a company. They offer services such as meeting rooms, access to accountants, lawyers, or advisors to consult with. Free of charge. 110 startups are part of The Kitchen, providing ample opportunity to engage with the business world even while studying.

Signe Trier Simonsen, Event Manager at The Kitchen, says about the place: "It sometimes surprises people that one of the coolest aspects is meeting others who are on the same journey. Someone who also needs to figure out taxes or hire their first two employees and decide whether to be a company where you have breakfast together every Friday. Having someone to mirror is really important."

They hold workshops that are open to all. Workshops on branding or how to present your product to customers. "It creates a great mix when you attend such events."

Written by Martin Kousholt from Delfinen



DANMARKS STØRSTE

FREDAGSBAR & IDRÆTSDAG



8TH SEPTEMBER IN THE UNIVERSITY PARK

"Danmarks Største Fredagsbar & Idrætsdag" or Denmark's Biggest Friday bar & Sports-day is an annual event created by students and attracts up to 15.000 visitors. Denmark's Biggest Friday bar & Sports-day is organized by the Students' Council and AUS, along with hundreds of volunteers. In the past, iconic artists such as The Minds of 99, Phlake, TV-2, Ericka Jane, Soleima, and Johnson have performed at the Friday bar. Therefore, keep a close eye on our Facebook and Instagram pages, where this year's artists will be revealed.

SPORT



The day starts with sports tournaments in various disciplines - so gather your best friends from your studies and sign up at www.storfredag.dk.

CONCERTS



In the afternoon and evening a variety of artists will perform exciting concerts – Denmark's Biggest Friday bar, is there a better way to end your week?

AU RUN 2024

AU RUN 2024

Every year in May, AU RUN is held, a social running event for everyone at Aarhus University – organized by the Students' Council, Studenterhus Aarhus, and AUS.

In 2023, 500 happy runners gathered in the University Park on May 20th, where they ran either 5 or 10 km. The route goes through the University Park, and we were fortunate to have fantastic weather – bright sunshine and almost no wind – better running weather is hard to come by. There was a great warm-up led by Mathias Folke, good music, and an award ceremony for both first and second place, as well as a new award: the Median Prize. This prize is given to those with the middle times, both on the 5 and 10 km routes – long live mediocrity!

So, if you have 5 or 10 km in your legs by May 2024 – come join the run!

See you at AU RUN 2024!



8 TIPS FOR LIFE AT AU

Written by: Thøger Lautrup Knøss

Stakbogladen, located at Studenternes Hus, often sells the books you need for your classes - with a 10% student discount!

The pastry selection at the Royal Library's cafe can be overwhelming. Nice to know, the raspberry slice is the most popular. Also, the Nobel Cafe is renowned among students for its cinnamon swirls.

There are many study halls at AU, and most programs have their own. Take a stroll around the university and find your favorite study spot - remember to arrive early during exam periods to secure a good seat.

Try the fantastic and affordable weekend brunch at the Royal Library - it's definitely worth the trip, whether you're going to study or not.

Did you know there are massage chairs in the basement of the Royal Library? They're even free for all students.

Some Friday bars offer alternative beverages to spice up any tour-de-Friday-bar. For example, try a fried egg cocktail at Katrines Kælder, mead at Kommabar, or a round of "mosevand" at Globalr.

Ask your tutors about their favorite hideaways on campus and in the city - you might need those when you need a break from studying. For instance, did you know there's a rooftop terrace at Nobelparken?

Mathematical Canteen is always a great place to head to - especially if you're looking for the city's cheapest dinner (or cake!).

Transport in Aarhus

By Mette Marie Heinfelt // Illustration: Dennis Hensel



Light Rail

The light rail operates on the inner route between Aarhus Central Station and Lystrup via Lisbjerg and Nye. Jørgen Leth has recorded the stops for two out of 14 trains on the current route.

If you want to ride the 'Leth Line', keep an eye out for carriages 1101/1201 and 1107/1207.

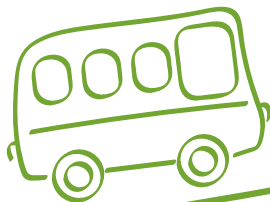
If you're not a train enthusiast, you can recognize them by the Jørgen Leth quotes on the outside and the poems inside.



Biking

Aarhus is primarily a city of bicycles, but buckle up your helmet, as it's a fast ride down Randersvej.

The Students' Council is working hard to make Aarhus a safe cycling city, but we can't do it all, so take good care of yourself.



Bus

Unlike many other cities, you board the bus in the middle in Aarhus, not at the front with the driver. Check rejseplanen.dk or the Midttrafik Live app for routes. You can get youth and student discounts with a Rejsekort, offering bigger discounts for buses, Light Rail, and trains.



Car

Find a ride on gomore.dk or join a transportation group on Facebook. There are many groups where you can look for rides between different cities.

You can also carpool with others heading to AU. With the **Ta'Med-app**, you can easily and efficiently share travel expenses with others going the same way.



Coach

You can find cheap tickets for weekend trips or even a weekend getaway to places like Berlin at flixbus.dk and kombaradoexpressen.dk.

A student card is not enough for the discount, as it doesn't have an expiration date. But you can print your enrollment confirmation from Self-Service (STADS), which you can find a link to on mit.au.dk.

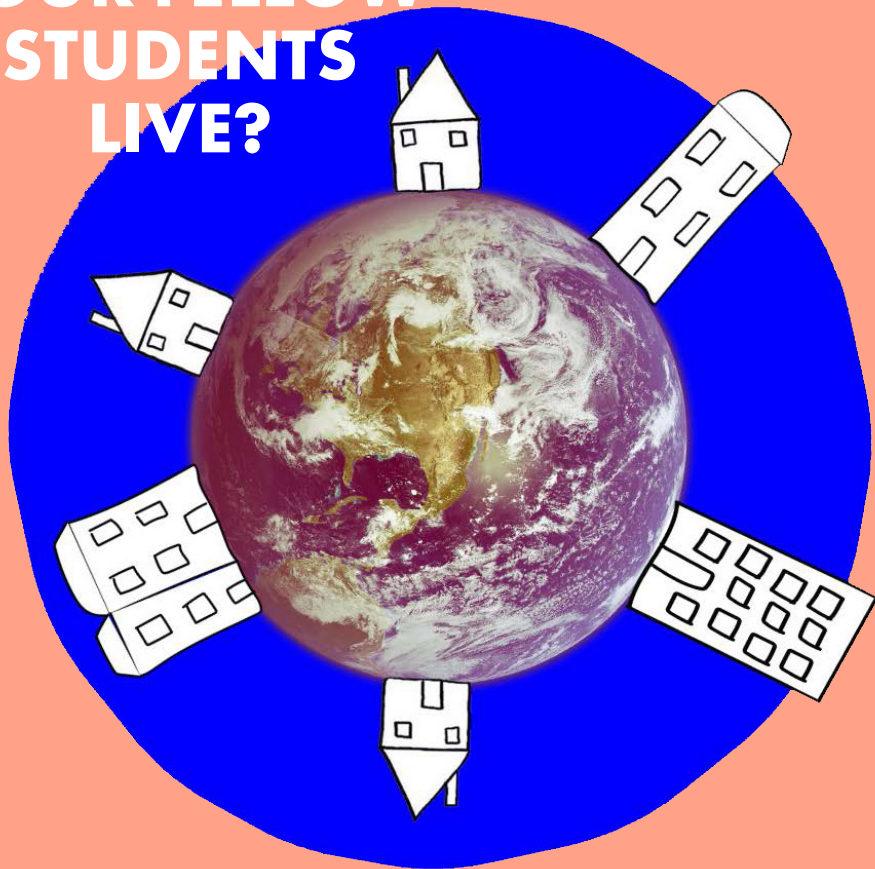


Train

If you're between 16 and 25 years old or a student, you can purchase a youth ticket from DSB. You can get youth and student discounts with a Rejsekort, and look for 'Orangebilletter' and 'klapsædebilletter' (fold-down seat tickets).

If you commute or will be doing an internship that involves commuting, you can order a Youth Card, a commuter pass for students. You can check prices and order the card at ungdomskort.dk.

HOW DOES YOUR FELLOW STUDENTS LIVE?



Roommates, shared living, collective housing, living alone, dormitory, houseboat, allotment garden – you name it! It might be harder than navigating the Amazon jungle blindfolded (at least for a while...), but fear not, we are here to shed some light on your path. Five students each share their take on the advantages and disadvantages of their way of living, hopefully inspiring you a bit. Happy reading!

Youth Housing and Dormitories

Aarhus is brimming with youth housing and dormitory options. Some have ocean views and modern kitchens, while others boast shared courtyards and bathtubs. Take a look around on ungdomsboligaarhus.dk and koll.au.dk to find what suits you. Waiting times can range from none to several years, but if you're not too picky, there are good opportunities for affordable housing.

General Rental Housing Websites

You probably know both sites, but we'd like to remind you of boligportal.dk and lejebolig.dk. Some are lucky and find their dream student accommodation there, while others may not be as fortunate, but give it a try!

Facebook Groups

This is probably the most widespread place to find your next home. If you type "apartment Aarhus" in the search bar, a plethora of groups will appear. Therefore, we won't recommend any specific ones (well, maybe just "Apartments for Sale and Rent in Aarhus"), but instead suggest you take a look around on Facebook.

Allotment Garden or Houseboat

If you have a little something saved up and want to think outside the box, you can buy an allotment garden or a houseboat. You can only live in an allotment garden for seven months of the year (March-November), so you need a plan for the remaining five. You can live on a houseboat all year round.

READ ALONG TO SEE HOW YOUR FELLOW STUDENTS LIVE



Dorm Room



**CAROLINE
STEENSBECH LEMÉE**

What are the advantages of living this way?

Parkkollegierne (Park Dormitories) have given me many new friends outside of my studies. There's always something happening in the spirit of youth and chaos - whether it's Tour de chambre, stolen toilet doors, or heart-to-heart conversations in the kitchen.

How did you find the accommodation?

I applied directly to the Parkkollegierne (Park Dormitories). I used to live in Copenhagen before studying at AU, so I was fortunate to have priority through the integration scheme.

Why did you choose this accommodation?

There are countless reasons why the Parkkollegierne are supreme - the location, the parties, the rent, and even the Queen has lived there. Almost everyone who lives at Parkkollegierne wants to be there, so the atmosphere is great, and people stay for many years.

Who would you recommend this type of living arrangement to?

You need a high tolerance for other people's way of being, and you appreciate being part of a community. You'll never get bored at a dormitory. And of course, you don't mind shared bathroom/toilet and kitchen facilities.

How does the accommodation relate to the university or the options for getting to the university?

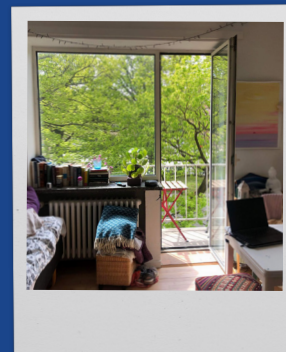
It's 500 meters to Nobelparken, surrounded by Friday bars, and 50 meters to the Royal Library's canteen, massage chairs, printer, and reading room - aka. perfect. However, there is a lack of a nearby supermarket.

What's the best thing about your accommodation?

My small balcony - without it, the room would be too cramped. It's indispensable for a little solo date, sunbathing, or listening to music. You can also have flower boxes, clotheslines, and fairy lights out there.

Why is the area nice?

It looks like the Oxford campus - you can take your lunch and study materials down to the park and lounge under a tree in true movie style. The Unipark is like your backyard, and there are many hares hopping around that you can feed and befriend.



R O O M M I E S

ALBERTE SVINTH
MADSEN

How did you find the accommodation?

On a Facebook group at the last minute before the start of studies. I was lucky to hit the jackpot on my first try, as I didn't know my two roommates before moving in.



What are the benefits of living this way?

Three of us live together and function almost like a small family. We have different cooking days, so a couple of times a week you can come home to a set table at 6:30 PM - it's incredibly nice. You have someone to say good morning and good night to, to chat about the day's events, and someone to bring life to the apartment. It's wonderful!

Why did you choose this accommodation?

It was a five-minute walk from the university, and the people who posted the Facebook ad seemed nice. Plus, the living room. I think the living room is important in a roommate community, as it functions as a neutral space for everyone.

Who would you recommend this type of living arrangement to?

To the more social and open-minded type. You also need to be willing to compromise on some things to make things work. For example, giving up low-fat milk for skim milk because that's what the majority wants.

How is the location of the accommodation in relation to the university or



the options for getting to the university?

I live close to Katrinebjerg, so it's a short bike ride to Nobelparken where I study.

What's the best thing about your accommodation?

Our shared meals, joint grocery shopping, and a good balance between the expectation of being social and just being able to come home, flop on the couch in the living room, play some FIFA with your roommate, and leave the study day behind.

Why is the area nice?

Because it's close to both the city and nature. In just 10 minutes, you can actually cycle out of Aarhus. At the same time, it's a 10-minute ride to Aarhus C. Additionally, shopping is just around the corner, and Storcenter Nord surprisingly has a lot of good stores!



OWN APARTMENT



ANTON DRASBÆK

What are the advantages of living in this way?

You have complete control: whether it's having friends over without having to consider a roommate, guaranteed peace to study, or simply being able to postpone the dishes on a busy day without annoying anyone else.

How did you find this accommodation?

It's a cooperative apartment, where you need to be on a waiting list to be considered. I got to know the cooperative association through a friend who has lived here for a long time.

Why did you choose this accommodation?

It had good space and was cleverly designed for living alone. Also, it's located right in the city center without the noise, which is perfect for me.

Who would you recommend this type of living arrangement to?

To those who aren't afraid of being alone occasionally, as you need to be able to enjoy your own company. However, it also requires the ability to initiate socialization, as it might otherwise be lonely.

How is the location of the accommodation in relation to the university or the options for getting to the university?

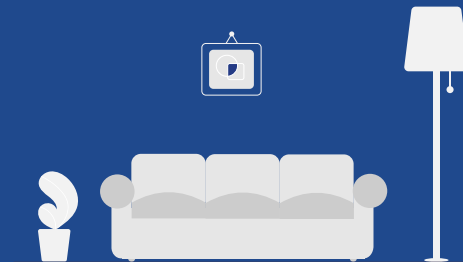
It's located near Godsbanen, so it's not particularly close to the university, and neither the light rail nor buses are the quickest options from here. It might require being up for the bike ride up Langelandsgade ;)

What's the best thing about your accommodation?

That all the rooms are interconnected – from the balcony to the living room to the kitchen. This makes it easier to host larger events without having to be in separate enclosed rooms.

Why is the area nice?

You're only a 5-minute walk from the train station, yet it's still in a quiet area. Additionally, Godsbanen is right next door, which hosts a number of popular events.



Houseboat

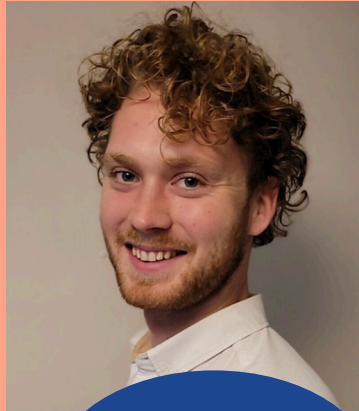


What are the advantages of living in this way?

Options, affordability, uniqueness. For a free spirit, it's all about options – the ability to take your home wherever you want and the uniqueness of being able to offer your friends a fun alternative to an expensive drink in town. And it's affordable too.

How did you find this accommodation?

Actually, just online, on DBA (Den Blå Avis, a Danish online marketplace). I had looked at a couple of them, but I would advise against going for the first one you find – the gut feeling has to be right, and I had good people with me who could inspect and ask the right questions and look at it more objectively.



JESPER GROVE

Why did you choose this accommodation?

There is no 'right' form of living, there are pros and cons to everything. If you don't try something out, you'll never know if it works for you. In that sense, I might have had a slightly alternative approach with a boat, but it has taught me a lot – especially that I can live in a smaller space and enjoy the diversity of it all not being the same.

Who would you recommend this type of living to?

Anyone who wants to try something different. Those who are adventurous and are willing to learn to solve a hundred little craft things while also learning the humility to ask for help – often!

How does the location of the accommodation relate to the university or commuting options?

The location is really good! Personally, I had my address in the harbor, which automatically placed me quite well in relation to the city center, university, etc.

What is the best thing about your accommodation?

Being able to invite friends and family to some-

thing unique. I will remember the great trips and especially when, after a long day, you can sit in your cabin and hear the rain drumming on the hull – I have never slept better.

Why is the area nice?

Harbor environments in Denmark are generally incredibly cozy, especially in the summer. People are friendly and willing to help – I've met so many people I wouldn't have encountered otherwise and formed relationships across the board – it has led to a good shot of schnapps now and then. Nature is more evident on the water, which you need to accept, but that also makes everything more vibrant."



Allotment garden and apartment

What are the advantages of living this way?

I live in an allotment garden for 7 months and an apartment for 5 months each year. During the seven months when I'm in the summer house, I rent out my apartment on Airbnb and earn a bit from it. This requires either owning the apartment yourself (or a parental purchase) or having a very flexible agreement with the landlord. Especially on summer days, it's lovely to be able to spend time in the garden. It's easy to go outside and use the garden for things like bonfires, games, and relaxation.

How did you find the accommodation?

I found it because the apartment I initially lived in was very close to the summer house association.

Why did you choose this accommodation?

Because I wanted a house and a garden, but couldn't afford a villa in Aarhus. The summer house/apartment model was the golden middle ground. Of course, it requires being okay with having to "move" every six months, which for some might create an instability that might be challenging to live with."



KASPER MAAGAARD



Who would you recommend this type of living arrangement to?

The financially conscious and the enjoyer of life. Those who live in an apartment without a large garden but still want easy access to outdoor life.

How does the location of the accommodation compare to the university or access to the university?

It's in a really nice and central location. It's not farther away than when I lived in an apartment.

About a 5-minute bike ride to BSS (School of Business and Social Sciences).

What's the best thing about your accommodation?

Having easy access to a garden, which encourages me to spend more time outside during the day.

Why is the area nice?

"Quiet and peaceful with a good sense of community among neighbors."



YOUR STUDENT CARD IS YOUR BEST FRIEND!

Life on a student budget can sometimes be a bit challenging. With inflation and rising rent, saving money here and there can make everyday life a bit more enjoyable. Here, we've compiled a list of places where you can save money as a student.

YOUR STUDENT CARD IS YOUR TICKET TO SAVINGS

Your student card is your best friend when it comes to saving money. This applies to shops, cafes, and museums. Many shops in Aarhus offer student discounts upon presentation of your student card.

For example, stores like Hunkemöller (10%) and Rituals (20%) offer discounts - and many more.

ASOS also offers a 10% student discount.

Cafes and restaurants also participate – for instance, Café Gemmededet (10%) or Restaurant Soya (10%). At Starbucks, you can also save 10% by showing your student card.

At Den Gamle By, you get a 50% discount on the ticket if you have a student card, and if you're under 31, you can buy an annual pass to ARoS for 220 DKK, which includes free entry for you and a friend (under 31) every time! There are also discounts available at Moesgaard Museum, and at Aarhus Theatre, where a student ticket always costs 90 DKK.

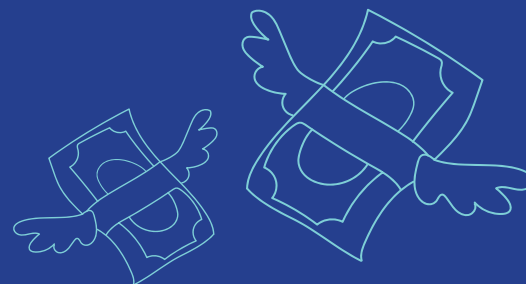
In general, many of the city's hairdressers offer student discounts upon showing your student card – so check if you can save something there too before booking your appointment.

There are also many memberships that can become cheaper if you're a student. Some fitness centers offer student discounts, and Spotify Premium costs only 59 DKK/month for students.

Additionally, there are sometimes savings to be found when getting insurance or visiting the dentist.

In general, it's a really good idea to always inquire about student discounts before you pay – it really adds up in the long run!

Otherwise, the website studiz.dk also has a nice overview with many current student offers listed.



Societies and Volunteering in Aarhus

Did you know that Aarhus University has a vast number of societies eagerly waiting to welcome you? Whether you're into sailing, beer drinking, knitting clubs, or exciting lectures – they've got it. Here you can get an overview of the many associations that AU hosts, in case you feel like exploring them a bit..

The different faculties have many societies.

If you want to join a Friday bar, a cabaret-esque play, a lecture society, or contribute to writing a magazine at your faculty, you can find a comprehensive overview at www.studerende.au.dk/studerforeninger or by searching "foreninger au" on Google. There you can find societies that cover a wide range of subjects across the entire university or local societies specific to your faculty. Moreover, you can also find most societies on social media, so try searching for them there if you want to see what they're up to.

Do you hold strong opinions about our collective student life, and are you passionate about making a difference for your fellow students? Then the Students' Council (Studenterrådet) might be the place for you. The Students' Council is the voice of the students, both to the outside world and locally at AU. We advocate for students' academic, social, and economic interests, and you can definitely find a role that suits your interests and skills. So if you want to learn more about the Student Council, don't hesitate to drop us a DM or visit our office, right above Stakbogladen.


Volunteer Jobs

If you get a kick out of volunteer work and would like to enhance your CV with experience from the volunteer life, you may want to find a voluntary project to join. AU has compiled a list of volunteer opportunities that you can explore if there's a job for you. Find them at AU Job- and Project bank and Frivilligjob.dk.

Is there a world outside of AU as well?

If you've had enough of university activities through your studies, luckily there are also initiatives you can get involved in outside the yellow and red brick walls. Here are a few selected gems from Aarhus:

- **Café Mellefolk on Mejlgade** – a volunteer-driven café serving conscientious food and drinks, and above all, a great atmosphere. The café's profits are donated to work towards a more sustainable and just world.
- **The music venues Train and Radar** – two of Aarhus' most popular music venues that welcome volunteers. If you have a passion for music and would like to work on organizing concerts, managing the wardrobe, or handling the entrance, these are the places for you.
- **Fairbar** – if you become a bartender at Fairbar, you become part of a large network, meet lovely people, get barista experience and expand your knowledge of specialty beers. The bar is run by young volunteers and offers a diverse community.
- **UngK** – although UngK is a part of the national church, it's not necessarily about hymns. If you have a strong desire to organize various events, from table tennis to port wine tasting, this is the place for you!
- **Red Barnet Ungdom's Learning Café at Dokk1** – here, you can make a difference for school students by helping them with their homework while gaining experience in applying and articulating your knowledge. Additionally, on Red Barnet Ungdom's website, you can find other volunteer initiatives, such as friendship groups, if you want to engage in social work.



**THANK YOU
FOR READING
ALONG!**